

CDA 2026–27 Fall Classes

Monday

ADV Tumble Ages 12–18 Start: 5:00 PM	Teacher Andrei Length 60 min
Ballet Ages 4–6 Start: 5:15 PM	Teacher Sydney Length 45 min
Lyrical Ages 10–12 Start: 5:15 PM	Teacher Heather Length 45 min
INT Tumble Ages 7–12 Start: 6:00 PM	Teacher Andrei Length 60 min
Jazz Ages 4–6 Start: 6:00 PM	Teacher Heather Length 45 min
Turns & Leaps Ages 13–18 Start: 6:00 PM	Teacher Sydney Length 45 min
Jazz Ages 13–18 Start: 6:45 PM	Teacher Heather Length 45 min
Tap Ages 4–6 Start: 6:45 PM	Teacher Sydney Length 45 min
Jazz Ages 10–12 Start: 7:30 PM	Teacher Heather Length 45 min
Lyrical Ages 13–18 Start: 7:30 PM	Teacher Sydney Length 45 min

Tuesday

18 mths–3 yr Combination Ages 18 mo–3 Start: 5:00 PM	Teacher Heather Length 45 min
Ballet Ages 7–9 Start: 5:00 PM	Teacher Sydney Length 45 min
Stretch/Cond Ages 10–12 Start: 5:00 PM	Teacher Allie Length 45 min
4–7 yr Combination Ages 4–7 Start: 5:45 PM	Teacher Sydney Length 45 min
Jazz Ages 7–9 Start: 5:45 PM	Teacher Allie Length 45 min
Ballet Ages 10–12 Start: 6:00 PM	Teacher Dawn Length 75 min
Hip-Hop 1 Ages 4–8 Start: 6:30 PM	Teacher Heather Length 45 min
Stretch + Conditioning Ages 13–18 Start: 6:30 PM	Teacher Allie Length 45 min
Ballet Ages 13–18 Start: 7:15 PM	Teacher Dawn Length 75 min
Tap Ages 7–9 Start: 7:15 PM	Teacher Heather Length 45 min
Movement + Contemporary Ages 10–12 Start: 7:15 PM	Teacher Allie Length 45 min
Progressions Ages 10–12 Start: 8:00 PM	Teacher Heather Length 45 min
Movement + Contemporary Ages 13–18 Start: 8:30 PM	Teacher Sydney Length 45 min

Wednesday

Tumble 1 Beginner Ages 4–7 Start: 5:00 PM	Teacher Ella Length 45 min
Wednesday Workout Ages 10–18 Start: 5:00 PM	Teacher Vanessa Length 45 min
Stretch/Technique Ages 4–6 Start: 5:45 PM	Teacher Allie Length 45 min
Company Rehearsal 6:00 PM – 8:30 PM	

Thursday

18 mths–3 yr Combination Ages 18 mo–3 Start: 5:00 PM	Teacher Lauren Length 45 min
4–7 yr Combination Ages 4–7 Start: 5:00 PM	Teacher Aubry Length 45 min
Ballet Ages 7–9 Start: 5:00 PM	Teacher Dawn Length 45 min
Ballet Ages 10–12 Start: 5:45 PM	Teacher Dawn Length 60 min
Phrasing/Cond Ages 13–18 Start: 6:00 PM	Teacher Aubry Length 45 min
Stretch/Cond Ages 7–9 Start: 6:00 PM	Teacher Lauren Length 45 min
Ballet Ages 13–18 Start: 6:45 PM	Teacher Dawn Length 60 min
Stretch + Conditioning Ages 10–12 Start: 6:45 PM	Teacher Lauren Length 60 min
Technique Ages 7–9 Start: 6:45 PM	Teacher Aubry Length 45 min
Hip-Hop 2 Ages 8–12 Start: 7:30 PM	Teacher Aubry Length 45 min
Progressions/Cond Ages 13–18 Start: 7:45 PM	Teacher Lauren Length 45 min
Leaps & Turns Ages 10–12 Start: 8:15 PM	Teacher Aubry Length 45 min