



DA CONSERVATORY OF DANCE ARTS

— ♥ — INSPIRE. TRAIN. PERFORM. — ♥ —

CLASS SCHEDULE

MONDAY

5:00 PM

ADV Tumble

Andrei • 1 hr • Room 3

5:15 PM

Lyrical Ages 10–12

Heather • 45 min • Room 2

6:00 PM

Jazz Ages 13–18

Heather • 45 min • Room 2

6:00 PM

INT Tumble

Andrei • 1 hr • Room 3

6:45 PM

Lyrical Ages 13–18

Sydney • 45 min • Room 2

7:00 PM

Jazz Ages 10–12

Heather • 45 min • Room 1

7:00 PM

Tumble Privates

Andrei • 2 hrs • Room 3

TUESDAY

5:00 PM

Stretch/Cond Ages 10–12

Allie • 45 min • Room 1

5:00 PM

Ballet Ages 4–9

Sydney • 45 min • Room 3

5:15 PM

Toddler Combo

Heather • 45 min • Room 2

5:45 PM

Ages 4–7 Yr Combination

Sydney • 45 min • Room 1

5:45 PM

Jazz Ages 4–9

Allie • 45 min • Room 3

6:00 PM

Ballet Ages 10–12

Dawn • 1 hr 15 min • Room 2

6:30 PM

Hip-Hop 1 – Ages 4–9

Heather • 45 min • Room 1

6:30 PM

**Stretch & Conditioning
Ages 13–18**

Allie • 45 min • Room 3

7:15 PM

Tap Ages 4–9

Heather • 45 min • Room 1

7:15 PM

Ballet Ages 13–18

Dawn • 1 hr 15 min • Room 2

7:15 PM

**Movement & Contemporary
Ages 10–12**

Allie • 45 min • Room 3

8:00 PM

Progressions – Ages 10–12

Heather • 45 min • Room 3

8:30 PM

**Movement & Contemporary
Ages 13–18**

Sydney • 45 min • Room 2

WEDNESDAY

5:00 PM

Workout Wednesday

Vanessa • 1 hr • Room 2

5:00 PM

Tumble 1 Beginner

Ella • 45 min • Room 3

6:00 PM

Company Rehearsals

Sydney • 2 hrs 30 min • Room 2

THURSDAY

5:00 PM

Ballet Ages 4–9

Dawn • 45 min • Room 2

5:00 PM

Ages 4–7 Yr Combination

Aubry • 45 min • Room 3

5:45 PM

Ballet Ages 10–12

Dawn • 1 hr • Room 2

6:00 PM

Stretch/Cond Ages 4–9

Lauren • 45 min • Room 1

6:00 PM

Phrasing/Cond Ages 13–18

Aubry • 45 min • Room 3

6:45 PM

Technique Ages 4–9

Aubry • 45 min • Room 1

6:45 PM

Ballet Ages 13–18

Dawn • 1 hr • Room 2

6:45 PM

**Stretch & Conditioning
Ages 10–12**

Lauren • 1 hr • Room 3

7:30 PM

Hip-Hop 2 – Ages 8–12

Aubry • 45 min • Room 3

7:45 PM

**Progressions/Cond
Ages 13–18**

Lauren • 45 min • Room 2

8:15 PM

**Leaps & Turns
Ages 10–12**

Aubry • 45 min • Room 3

CLASS LEGEND



Tumble / Acro



Ballet



Jazz / Lyrical



Hip-Hop



Tap



Stretch / Conditioning



Contemporary /
Movement



Combo / Other

ROOM LOCATIONS

ROOM 1

ROOM 2

ROOM 3



where passion meet, purpose
and dancers grow beyond the studio.

