

AUBRY PICO

INSTRUCTOR



Aubry has been dancing since the age of two and competing since six, building a career rooted in excellence, athleticism, and performance.

A former member of Destrehan High School's nationally recognized dance team, she earned multiple state championships, two Hip Hop World Championships, and a UDA National Game Day title. She currently competes as a member of the Southeastern Louisiana University Dance Team and serves as a UDA staff member, sharing her passion for dance with athletes across the country.

Specializing in hip hop and technique, Aubry is passionate about developing strong, versatile dancers through a combination of technical training, athleticism, and performance quality. Her goal is to challenge dancers to push beyond their limits while fostering confidence, discipline, and a genuine love for the art of dance.