

SYDNEY BURAS

INSTRUCTOR



Sydney Buras was born and raised in Slidell, Louisiana, where she began her training in modern, ballet, jazz, contemporary, tap, and hip-hop dance, while also studying voice and acting through musical theater. She received formal dance training at the New Orleans Ballet Association (NOBA) and Conservatory of Dance Arts from 2018 until her graduation in 2021. During that time, she also attended the New Orleans Center for Creative Arts (NOCCA), where she further developed her artistic and technical foundation in High School.

In April 2025, Sydney graduated from Point Park University with a Bachelor of Fine Arts in Modern Dance. As both an artist and educator, she is passionate about inspiring the next generation of performers to be bold, innovative, and authentic. She strives to cultivate an environment where every artist feels empowered to discover and express their unique voice.

Sydney would like to extend her deepest gratitude to her family, friends, and teachers for their unwavering love, support, and guidance throughout her journey. Their encouragement has been instrumental in shaping the artist she is today.